



Northbound Movement and Massage
600 University Ave, 6C
Fairbanks AK, 99712
Ph# 907-799-1572
Fax# 907-759-7202

**Massage Therapy
Prescription / Referral / Treatment
Plan Request**

Patient Name:

DOB:

Treating Provider: Alejandra Perez, LMT.

License # 142217

NPI # 1972160653

Prescribing Physician:

NPI#

Organization:

Phone Number:

Address:

Fax Number:

Modalities:

☐ 97140 Manual Therapy Techniques

Diagnostic Codes:

☐ M26.609 - Unspecified TMJ joint disorder

☐ M54.2 - Cervicalgia

☐ M41.9 - Scoliosis

☐ M54.50 - Low back pain

☐ M54.6 Pain in thoracic spine

☐ M79.7 - Fibromyalgia

☐ M25.519 Pain in shoulder

☐ M25.529 Pain in elbow

☐ M25.539 Pain in wrist

☐ M25.559 Pain in hip

☐ M25.569 Pain in knee

☐ M25.579 Pain in ankle and joints of foot

☐ M25.59 Pain in other specified joint

☐ M54.3 Sciatica

☐ R51.9 Headache, unspecified

☐ G56.00 Carpal Tunnel Syndrome

Other IDC-10 Codes:

Additional Notes: _____

Treatment Frequency: /week or /month

Treatment Goal: _____

Treatment Duration: months

of Visits:

Start Date: _____

Signature: _____

NPI# _____

Date: _____